



İrem Çağla ÖZEL, Ph.D.
Assistant Professor of School of Health Sciences
Atılım University
Department of Nutrition and Dietetics
06830 İncek, Gölbaşı, Ankara/TURKEY
cagla.ozel@atilim.edu.tr
Tel: +90 312 586 63 17

PERSONAL

Date of Birth	30.08.1994
Place of Birth	Giresun

EDUCATION

2020-2024	Ankara University, Nutrition and Dietetics, Ph.D.
2017-2020	Ankara University, Nutrition and Dietetics, M.S.
2012-2016	Hacettepe University, Nutrition and Dietetics, B.S.

ACADEMIC POSITIONS

2025-	Assistant Professor, Department of Nutrition and Dietetics, Atılım University, Turkey
2021-2025	Research Assistant, Department of Nutrition and Dietetics, Atılım University, Turkey

ADMINISTRATIVE DUTIES

2025-	Assistant Director, Directorate of Social Contribution, Atılım University, Turkey
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HONORS&AWARDS

1	TUBITAK-Doctoral Scholarship, TUBITAK, 2020-2024
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RESEARCH INTERESTS

1	Community Nutrition
2	Nutritional Epidemiology

PUBLICATIONS

1	Kavruk, M., Balcı, T.N., Özel, İ.Ç. , Ozalp, V.C. and Aydın, A. (2025), Global insights into food fraud from location-based analysis: food adulteration in Turkey. <i>J Sci Food Agric</i> .
2	Özel, İ.Ç. , Erbaş Ünverdi, G., Serdar Eymirli, P. <i>et al.</i> The relationship between dental caries, dietary intake and body composition in school-age children. <i>Egypt Pediatric Association Gaz</i> 72 , 14 (2024). https://doi.org/10.1186/s43054-024-00255-5
3	Özel, İ.Ç. , Yabancı Ayhan, N. & Çetiner, Ö. Adaptation of Food Craving Inventory to Turkish culture: a validity and reliability study. <i>J Eat Disord</i> 10 , 144 (2022). https://doi.org/10.1186/s40337-022-00667-x

PROJECTS

1	Atılım University ATÜ-LAP-2021-08 Evaluation of the Relationship between COVID-19 Pandemic and Nutrition, 2020-2021, Researcher
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CONFERENCE PRESENTATIONS

1	İrem Çağla Özel , E.P. Seyfettin Çelik, and N. Yabancı Ayhan. Effects of Tailored Nutritional Counseling in Patients With Idiopathic Pulmonary Fibrosis: A Clinical Trial [abstract]. <i>Am J Respir Crit Care Med</i> 2025;211:A7295.
2	İrem Çağla ÖZEL , Nurcan YABANCI AYHAN. Yeme İsteği Envanteri'nin Türk Kültürüne Uyarlanması: Bir Geçerlik ve Güvenirlik Çalışması. 8.Uluslararası Beslenme Obezite ve Toplum Sağlığı Kongresi, 2022 (Oral presentation)
3	Sarıkaya B., Özel Ç. , Eroğlu Z., Sudağıdan M., Dursun AD. Development of a DNA Aptamer That Can Detect Gelatin Adulteration in Foods. Turkey 14th Food Congress; 19-21 October 2022 (Oral presentation)
4	I.Ç. Özel . (2021). The Relationship Between Dental Caries, Food Intake and Body Composition in School-age Children. <i>Clinical Nutrition ESPEN</i> 46 (2021) 544-786 (E-poster)

CITATIONS

Sum of times cited without self-citations (ISI Web of Science):	10
H-index (ISI Web of Science):	2

COURSES GIVEN

1	NUT307 – Nutritional Anthropology, Atılım University, Department of Nutrition and Dietetics, Fall 2025-2026
2	NUT309 – Water and Food Resources in the World, Atılım University, Department of Nutrition and Dietetics, Fall 2025-2026
3	NUT401 – Institution and Hospital Practice I, Atılım University, Department of Nutrition and Dietetics, Fall 2025-2026
4	NUT499 - Internship in Nutrition and Dietetics Area, Atılım University, Department of Nutrition and Dietetics, Fall 2025-2026

5	NUT308 - Community Nutrition, Atılım University, Department of Nutrition and Dietetics, Spring 2024-2025
6	NUT104 - Public Health and Nutrition, Atılım University, Department of Nutrition and Dietetics, Spring 2024-2025
7	NUT402- Atılım University, Department of Nutrition and Dietetics, Spring 2024-2025